



# CAPTURED FREEDOM

*Bethany Looyenga*

Bethany's faith shines through her words both on the written page and as she speaks. Her passion for God's healing is contagious.

Marie Helwich  
Relapse Prevention Specialist/  
Agape Celebration

When I think of Bethany the words that come to mind are loyal, faithful, loving, full of love for life and truth in all things. She has a way of writing things down so when one reads it you understand what is being said. She has a heart for the wounded and has a drive from within her given by God to help when one is ready for that. I'm blessed to have her as a friend.

Annette Smoot

I have known Bethany almost three years now and its been wonderful watching her walk with Jesus. When I went thru a very hard time she brought hope back in my life. Helped me identify what was of God and what was of the devil. She has a passion for women now and helps others have freedom thru Jesus Christ. God has rescued and delivered her and she lives to tell the story. I am thankful for having her as a friend. I truly love her.

Tara

Bethany is a rock in my faith walk. She has been by my side as I battle my past, my present and my future. Her kind words, encouragement, strength, support and love have shown light into my path. Bethany is a Christ worshiper, faith leader and a Father's obedient child.

Sandra

A few years ago, in a classic Moses moment, God placed a calling on Bethany to begin a speaking ministry. She heard a constant whisper from God saying "someday you will speak." Although speaking had always been an area of severe discomfort for Bethany, it had been on her heart for



some time. As a result, she stepped out in faith in her new role as a speaker. Bethany came from a completely broken place in life to a place that is complete and safe in Jesus Christ. She is always learning and growing in her relationship with Jesus. He is savior, friend, redeemer and Lord to Bethany. He graciously rescued her from a place of sorrow and trouble.

Jesus has blessed Bethany with a husband and marriage of almost thirty years and a mother of five amazing children. She is a facilitator of many groups of women who are challenged with their own brokenness and addictions. He has kept her, lifted her, held her, surrounded her, and loved her as any Father would his daughter. Bethany knows she is blessed solely because Jesus is her Lord and Savior.

Bethany has over eighty hours of training in the Genesis Process as a Relapse Prevention Specialist. Furthermore, she has hundreds of hours of volunteer service helping women find freedom in Christ, and has experience speaking to women that have been sexually abused. Helping these women find peace and freedom in Jesus Christ is something she will never get tired of seeing. She has a keen understanding of mental illness and how to overcome this through Christ's healing power. Bethany finds joy in serving others as a leader at Agape Celebration in her hometown of Coeur d'Alene, ID. Some of the ministries Bethany is involved in at Agape Celebration is serving meals, leading groups and planning special events.

## Speaking Topics

Bethany is available for speaking engagements. Some of her speaking topics include, but is not limited to, the following:

### Who Am I Anyway?

Exploring who you are in Christ and what your role is as a woman, wife and mother.

### The Lost Brain

Scatterbrained!? Find peace in Jesus.

### The Testimony God Gave Me

Bethany has been through a lot in her life and God has used her experiences and turned it into a powerful testimony for Him.

### This Isn't the Journey I Asked For!

God teaches us and builds character through our experiences.

### Recent Speaking Engagements:

Real Life Ministries – North Idaho  
Child and Family Services –  
Northwest Michigan

**Check out Bethany's blog at  
[saythat--again.com](http://saythat--again.com)**

**To learn more about Bethany's  
speaking ministry visit:  
[capturedfreedom.com](http://capturedfreedom.com)**

I have known Bethany since her teens when I was one of her high school teachers. She is creative and an excellent communicator, but even more importantly, I have watched her heal from trauma and become bold in sharing how the Lord Jesus and His word have changed her from a broken victim into a vibrant daughter of the King. The courage and clarity Bethany has in sharing her own experience and encouraging women to trust God with their brokenness has challenged and inspired me. I know Bethany to be a woman of grace and truth, and her willingness to face the truth of her own life gives her a powerful story that inspires hope. Knowing how Bethany has learned to trust God with her deep trauma has confirmed to me that God can and does heal those who open their lives to Him. I thank God for what He has done in and through Bethany and for putting her in my life.

Colleen Tinker, editor  
Proclamation! magazine  
[www.LifeAssuranceMinistries.org](http://www.LifeAssuranceMinistries.org)

In Bethany, I see a woman consistently pursuing a daily walk with God, the truth of God's word, relationship with others and have been challenged to do the same myself. I see a woman actively investing time, energy and resources in others. Bethany is encouraging, transparent, a good listener, a creative thinker, actively seeks education to better equip herself to the ministry God has called her, that is ministering to women and sharing her story. I see a woman willing to step up, out of her comfort zone. A woman willing to write and tell her story so that others might begin to look at their story, no matter how painful, and begin telling their story in order for God to begin their healing.

Kim Masterson



**Agape Celebration**  
A ministry house for women  
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Coeur d'Alene, ID 83814  
[www.agapecelebration.com](http://www.agapecelebration.com)

I have been coming to know Christ more every day. I am learning to accept God's love and escape from the eternal bondage of death, or separation from God, in order to gain entrance to life in Christ here and now. Journeying with Bethany, in her blog and in community of the Church has helped me as I still struggle through this world. I am thankful for God's mercy and love and know I will continue to struggle when I use my old ways of seeing and not through His eyes. Bethany's wisdom and honesty in her blog and speaking into my life and others has helped remind me of who I am in Him and how to continue to pursue God and not the praises of men. I am thankful that she has followed where she has been led in speaking, writing and loving as God has loved.

Kelly Peterson

I have known Bethany for almost two years. I remember first meeting her, she was so quiet, not the case since the Lord has told her to speak. Through the years I've gotten to know her better, I consider her a friend. I have always had a wall and been very protective of myself. It is hard for me to allow people to get to know me on an intimate level. I feel that she is one of the few people that have broken through that wall. Bethany and I have done a couple bible studies together and through that time I feel that she is someone that I can rely on. It is truly inspirational to see the Lord work through his people. She has pushed me to step out of my comfort zone and grow in my faith and use my God given talents and abilities.

Christina



**For more information about Bethany's speaking schedule  
or to book a speaking engagement, call or email  
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